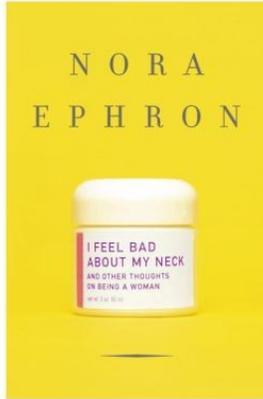


# Lillie M. Evans Library District Book Club

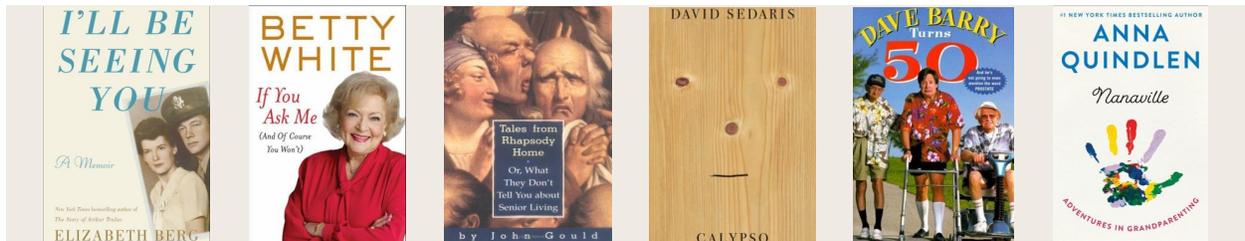
May 24, 2021

## Biography:



Nora Ephron was born in Manhattan on May 19, 1941. While attending Wellesley College, she was a summer intern in the Kennedy White House in 1961. After graduating in 1962, she began her career as a journalist with the New York Post, where she remained until 1968. She then focused on magazine journalism and primarily wrote for Esquire and New York. She wrote several books during her lifetime including *Heartburn*, *Wallflower at the Orgy*, *Crazy Salad: Some Things about Women*, *Scribble Scribble*, *I Feel Bad about My Neck: And Other Reflections on Being a Woman*, and *I Remember Nothing: And Other Reflections*. In her later years, she was a blogger for The Huffington Post. She wrote several screenplays including *Silkwood* (1983), *Heartburn* (1986), and *When Harry Met Sally* (1989). She also wrote and directed several movies including *This Is My Life* (1992), *Sleepless in Seattle* (1993), *You've Got Mail* (1998), *Lucky Numbers* (2000), *Bewitched* (2005), and *Julie and Julia* (2009). She wrote two plays *Love, Loss, and What I Wore* with her sister and *Imaginary Friends*. Her title *I Remember Nothing* made The New York Times Best Seller List for 2012. She died from pneumonia brought on by acute myeloid leukemia on June 26, 2012 at the age of 71. (Bowker Author Biography)

## Similar Resources:



## Discussion Questions:

1. How would you compare **I Feel Bad About My Neck** with other books you have read about aging or menopause? Is it more useful?
2. What do the foods we cook, the cookbook authors we seek to emulate, and the way we entertain guests, say about how we want life to be?
3. For Ephron, “maintenance” has larger implications than just taking care of one’s appearance. What are the larger meanings of these annoying, repetitive actions, for her—and by implication, for women in general?
4. What would this book be like if written by a man? Do men have similar issues about growing older, and do they talk or think about them in similar ways?
5. How does being in her sixties, with her children out of the house, change Ephron’s perspective on motherhood?
6. While this is undoubtedly a funny and enjoyable book, in what ways is it also a serious book? What are Ephron’s most important insights in “Considering the Alternative”?
7. What is the funniest moment in this collection, and why?